



9v9 Teams (Basic Rules)

Strikers

The head coach should select 9 players (8 outfield players and a Goal Keeper) to play on the field. All remaining players should remain on the sideline, with both teams resting players on the same side of the field. The game is supervised by the Coaches and Assistant Coaches from each team. Due to team sizes the league may choose to play 7v7 or 11v11. We will use these rules in that case with the exception of number of players

Rec. Field size:	80 by 50 yards
Rec. Goal size:	16ft by 7ft
Ball size:	Size 4
Duration of game:	2 –30 minute halves with a 5 minute halftime break
Number of referees:	2 total (There are no linesmen)
No. of players:	9 (8 +1 GK) (7 minimum) All players shall play at least 50% of the game!
Substitutions:	Unlimited and on any deadball situation or throw-in (Follow FIFA rules for entering the field) Corner kicks & free kicks are not a dead ball.
Heading:	No Intentional Heading – an indirect free kick will be given to the opposing team.
Punting:	FIFA Law – However, punting is not recommended!
Goal kicks:	FIFA Law
Throw-ins:	FIFA Law
Free kicks:	FIFA Law (Opposing team should be 8 yards away)
Penalty kicks:	FIFA Law
Offsides:	FIFA Law
Slide tackling:	Slide Tackling is not permitted

All other rules come under FIFA regulations!
FIFA Laws in link under resources

Please respect the referees, your opponents and their families

Have a great season