



9v9 Teams (Basic Rules)

Strikers

Each team will play one game on game day. The head coach should select nine players (8 outfield players and a GK) to play on the field. All remaining players should remain on the sideline, with both teams resting players on the same side of the field. The game is supervised by the coaches and assistant coaches from each team.

Rec. Field size:	80 by 50 yards
Rec. Goal size:	16ft by 7ft
Ball size:	Size 4
Duration of game:	2 – 30 minute halves with a 5 minute half time break
Number of referees:	2 total (There are no linesmen)
No. of players:	9 (8 outfield players and 1 GK) All players shall play at least 50% of the game!
Substitutions:	Unlimited and on any dead ball situation or throw in (Follow FIFA rules for entering the field)
Heading:	No Heading – an indirect free kick will be given to the opposing team.
Punting:	FIFA Law – However, punting is not recommended!
Goal kicks:	FIFA Law – Ball must leave penalty box to be in play.
Throw-ins:	FIFA Law
Free Kicks:	FIFA Law (Opposing team should be 8 yards away)
Penalty kicks:	FIFA Law
Offside:	FIFA Law

All other rules come under FIFA regulations!

https://football-technology.fifa.com/media/1245/lotg_17_18_en.pdf

Please respect the referees, your opponents and their families

Have a great season